



# 10 May 2026, Sunday

<b>09:15</b> Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	20m-1	30m-1	40m-1	50m-1						50m-1				60m-1				70m-1							
	Warm Up	Warm Up	Warm Up	Warm Up						Warm Up				Warm Up				Warm Up							
	Warm Up	Warm Up	Warm Up	Reduced (5 - 10 +X) 80 cm						Complete (1 - 10 +X) 122 cm															
Complete (1 - 10 +X) 122 cm																									

<b>09:30-11:00</b> Qualification Rounds Session 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	20m-1	30m-1	40m-1	50m-1						50m-1				60m-1				70m-1							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds						Qualification Rounds				Qualification Rounds				Qualification Rounds							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Reduced (5 - 10 +X) 80 cm						Complete (1 - 10 +X) 122 cm															
Complete (1 - 10 +X) 122 cm																									

<b>11:15-12:45</b> Qualification Rounds Session 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	20m-2	30m-2	40m-2	50m-2						50m-2				60m-2				70m-2							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds						Qualification Rounds				Qualification Rounds				Qualification Rounds							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Reduced (5 - 10 +X) 80 cm						Complete (1 - 10 +X) 122 cm															
Complete (1 - 10 +X) 122 cm																									

<b>13:30-15:00</b> Qualification Rounds Session 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	20m-3	30m-3	40m-3	50m-3						50m-3				60m-3				70m-3							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds						Qualification Rounds				Qualification Rounds				Qualification Rounds							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Reduced (5 - 10 +X) 80 cm						Complete (1 - 10 +X) 122 cm															
Complete (1 - 10 +X) 122 cm																									

<b>15:15-16:45</b> Qualification Rounds Session 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
	20m-4	30m-4	40m-4	50m-4						50m-4				60m-4				70m-4							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Qualification Rounds						Qualification Rounds				Qualification Rounds				Qualification Rounds							
	Qualification Rounds	Qualification Rounds	Qualification Rounds	Reduced (5 - 10 +X) 80 cm						Complete (1 - 10 +X) 122 cm															
Complete (1 - 10 +X) 122 cm																									